

When is it time?

One of the most common questions we get asked is, "How do you know when it's time to get more help when caring for someone with Alzheimer's or other forms of dementia?" That is a big question, and it often creates feelings of guilt for family caregivers.

Here are some statements to consider:

- I continually worry about my loved one's physical safety.
- My loved one is combative and upset with me much of the time.
- My loved one is incontinent and I am unable to manage this need.
- My loved one is not eating properly or taking his or her medications correctly.
- My loved one can no longer manage his or her personal hygiene.
- My loved one no longer knows who I am.
- My loved one is forgetting to pay bills and isn't managing his or her finances anymore.
- My loved one has water or fire damage in his or her home from forgetting to turn off water or burners.
- My loved one doesn't keep the house clean or care for pets or plants anymore.
- I am struggling to physically help my loved one into and out of the chair or bed.
- My loved one is falling more frequently and I have a hard time helping them back up.
- My loved one thinks he or she can leave on their own, but doesn't always know the way back.
- I am caring for my loved one, and it's leaving me exhausted and not getting enough sleep.
- My doctor has told me it is time.

If three or more of these statements are true for you or a loved one, it may be time to consider placing them in a ComfortCare Home.



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