



Heart Health 2018

Shilpa Kshatriya, MD, FACC
Heartland Cardiology

As technology and treatment recommendations continue to evolve, it is important to understand changes in those approaches to treatment.

This hour will provide an overview regarding knowledge and guidelines on management of hypertension. We will also discuss lipid management and guidelines for 2018. Additional recommendations on the role physical activity and exercise in cardiovascular prevention will be addressed.



Aortic Stenosis-TAVR

Renee Davis, APRN, NP-C
Wesley Healthcare

Aortic Stenosis is often a missed diagnosis which leads to rapid decline in health and increased mortality. Identifying aortic stenosis sooner in the disease process directly affects the patient's outcome in regards to their life expectancy and improved quality of life.

Valvular heart disease identification, management, and treatment options have changed the face of cardiovascular/cardiothoracic medicine. For the first time in medicine, we have a designated team to review each case and collaborate on appropriate therapy as a team. The patient is the center of this meeting. This, since inception, has led to improved outcomes in aortic valve replacement such as decreased stroke, infection, and healing time.



Podiatry and the effect CHF has on healthy feet

Thuy Duong Thi Le, DPM
Midwest Podiatry

It is critical to consider the whole person when considering the effects of cardiovascular disease. Understanding these effects, on other systems can assist in preventive measures, early sign recognition, and proper treatment plans to meet the holistic needs of the patient.

Underlying cardiovascular problems may lead to many lower extremity conditions. This presentation will provide the latest statistics and collection of data involving foot health due to CHF. It will also explain the involvement of CHF in the lower extremities and possible cardiac pathology through lower extremity examination.



Successful Quality Outcomes through Cardiac Rehab

**Jennifer Scott Koontz, MD,
& Heather Porter, RN**
Newton Medical Center

Today, the science of cardiac rehab is impressive and filled with success stories. Most important is the quality of life of a patient dealing with cardiovascular disease. This hour will help multidisciplinary teams understand the history of Cardiac Rehabilitation (CR), indications for CR, challenges and limitations, general effectiveness of exercise on health, research and background on CR effectiveness and impact on quality outcomes for morbidity and mortality, typical CR course and components.

We will end with a patient story that clearly illustrates the success cardiac rehab has on lives.

We meet at the
Wichita State University
Hughes Metropolitan
Complex!

5015 E. 29th Street North
(East of 29th Street & Oliver)



Hot Topics Presented by:
ComfortCare Homes & Comfort Keepers

This event cosponsored by:
WSU Regional Institute on Aging
Senior Care Pharmacy
Good Shepherd Hospice
Newton Medical Center
Angel's Care Home Health
Central Plains Area Agency on Aging
Sedgwick Plaza
Chaucer Estates
Angel of Mercy
Home Health of Kansas
Envision
Dignity Memorial



Our chance to help out!

Since this CE program is FREE to participants, we thought it would be nice to do our part and help area charities as they help those in our community.

We ask that you bring

**Dog and Cat Food
and Pet Toys**

As much as you can!

to be donated to the
**Beauties and Beast
Pet Rescue**

Bring your donation with you
to this CE Program.

Let's FILL the donation bins
and help our local
communities in need!

**Thank you for your
Consideration!**



This program is geared toward health care professionals and their need for continuing education

Nurses
Social Workers
Physician Assistants
Physicians
Dietitians
Therapists
Facility Staff & Administrators
Students
Chaplains
Med Assistants
Operators

Tuesday
February 20
2018

Our Theme for February 20 The Heart of the Matter

This educational event will address various aspects of good heart health and identify multi-system risk facts. Our speakers will present information on heart health, as well as important considerations regarding surgical interventions, podiatry, and cardiac rehab outcomes.

Schedule

LUNCH 11:00 - 12:00

Grab a bite of lunch on us and mingle among our Resource Displays where you can connect with many important community resources.

Session 1: 12:00
Shilpa Kshatriya, MD, FACC

Session 2: 1:00
Renee Davis, APRN, NP-C

Session 3: 2:00
Thuy Duong Thi Le, DPM

Session 4: 3:00
Jennifer Scott Koontz, MD & Heather Porter, RN

Conclude 4:00

You must sign-in for each session you attend to receive CE credit.

Event Location

WSU - Metropolitan Complex
Room 180 / Entrance N
5015 E. 29th Street North
(East of 29th Street & Oliver)

FREE CES

We are excited to continue offering you fun, unique, and thought provoking educational events.

These events will offer you the opportunity to obtain 4 FREE CEs at one time. Also, we will continue to provide Resource Displays so that you gain direct access to important community resources.

RSVP

Participants are welcome to attend one hour or all four hours. Simply RSVP for the event and then pick among the four sessions in which you are interested.

Call the RSVP Hotline at
316. 219. 3062

or email:

robertm@comfortcarehomes.com

Make sure to answer all the questions below to register.

RSVP Deadline is Friday, Feb 16, 2017

You will be asked to give the following information:

- Your Name / Company Name
- Your Credentials (i.e., RN, LPN, LMSW, PA)
- Your Professional License Number
- Preferred Mailing Address
- Preferred Phone Number
- Sessions you would like to attend

Space is limited. To maximize the space, we will use a combination of Classroom Style seating (tables & chairs) and Auditorium Style seating (chairs only).

Choice of seating for participants is first come, first served.